



PRO|fit™

ELITE



User Guide





Way to Go!

You're now one step closer to improved physical fitness and overall wellness.

Created with you in mind, the **ProFit Elite** delivers results everyone will benefit from. Whether your goal is relief from workout fatigue or chronic joint pain, improved athletic performance and blood circulation, or just a relaxing massage; We believe the solution should be simple, efficient, and inclusive.

We couldn't be happier to take this journey together while helping promote a healthier you from the inside out.

Welcome to **ProFit**.

Let's Do This.



MASSAGE GUN

ROUND HEAD

BIT POUCH

- DUAL HEAD
- PRECISION HEAD
- FLAT HEAD
- POWER CORD

HARD CARRY CASE

Better Results For Your Fitness Goals.

Included in your package

- ProFit Elite Massager
- Power Cord
- Four massage heads
- Carry Case
- This Fabulous Manual



Use it the way you want

- Mobility & flexibility
- Pre-workout warm-up
- Post-workout recovery
- Sore muscle relief
- Better blood circulation
- Athletic performance
- Joint pain relief
- Myofascial release
- Trigger point massage
- Relaxation

CUSTOMER SUPPORT

If you have any questions about setting up your **ProFit Elite**, we are here to help! Call or email us and an experienced customer support representative will be happy to assist you: **1-855-GO-TZUMI** or **support@tzumi.com**

Get to Know Your ProFit Elite Multi-Angle Percussion Massager

Multi-level percussive frequencies penetrate deeply into your muscles and fascia (connective tissue) to help with long-lasting pain relief, decreasing tension, improving blood circulation, and reducing inflammation of hard-to-reach areas. Equipped with four head attachments that target specific areas on your body, the **ProFit Elite** has the precision you need and want.

Multipurpose Performance and Power

- ✎ **Elevate your workouts:** Reduce muscle tension, improve flexibility, and reduce your chances of injury.
- ✎ **Recover faster and better:** Decrease inflammation, loosen tight joints, and break down scar tissue.
- ✎ **Relieve your pain:** Effectively treat trigger points, sore muscles and chronic pain caused by tendinitis, bursitis, carpal tunnel, and more.
- ✎ **Relax more:** Boost your circulation and immune function, reduce stress levels, and get better sleep.

Note: Please consult with your doctor or physician before use of ProFit if you have any injuries or medical conditions that may be of concern. This is not a medical device.





Not for medical use.

Total Body Fitness & Recovery

The **ProFit Elite** is an absolute game changer in rehabilitation and sports performance. Massage guns are proven to significantly boost athletic performance and reduce muscle soreness. The ProFit's benefits are for everyone—from office and labor workers to professional athletes, weightlifters, and endurance athletes. Take advantage of the versatility this product offers to achieve total body recovery, getting you better prepared for the next workout!



Adjusting the Massage Angle



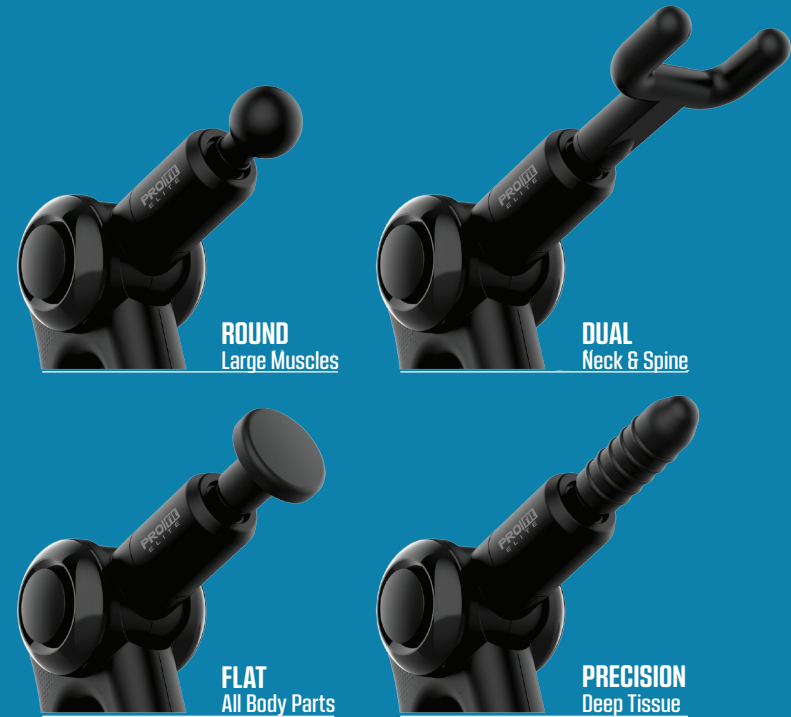
Turn the massager off before adjusting the arm angle.

Press and hold the arm adjustment button, adjust the massage arm to the desired position and release the button.

There are three angle adjustment options 0°, 45°, and 90°.

Versatile Precision Therapy

Four massage heads are included to target specific areas of the body, ensuring specialized recovery and relief.





User Instructions

Please read the user instructions before using the ProFit Elite.
Keep this manual for reference.

CHARGING

- The battery should be fully charged before use.
- To charge the battery, plug the USB C cable into the charging port and other end into a USB power source.
- The LED will flash while charging and then turn solid red once fully charged.
- The average running time of the massager is 100-240 minutes depending on speed and pressure levels.

Please Note: Some USB-C to USB-C cables are not compatible with the ProFit massage gun, use a USB-A to USB-C cable instead.

USING THE PROFIT ELITE

- Select the massage head you would like to use and insert it into the round hole in front of the massager.
- To turn the unit on press the ON/OFF button on the massager.
- To increase the speed of the massage, press the power button again.
- Each press on the button will increase the speed of your massage up to level 6, the LED will show the intensity level.
- Press again to stop the massager and turn it off.
- The battery indicator level lights will show the corresponding battery level.
- Press and hold the power button for 3 seconds at any point to turn the massager OFF.
- The massager has built-in protection mode that will turn the massager off after 15 minutes of continuous use.

Safety Instructions

To reduce the risk of electric shock, fire, and injury follow these instructions carefully:

1. This device is recommended to be used by adults only.
2. Do not use the massager directly on the surface of you skin. To avoid injury the massaged area should be covered by clean clothes or a dry towel.
3. Gently press and move the massager; do not massage the same part of the body for more than 60 seconds.
4. Use high speed on soft body tissue only. Do not use high speed and pressure on the head, bones and joints.
5. Always choose the right massage head for the respective body part.
6. Frequent use of high pressure may cause abrasions. If you experience pain or discomfort stop using the massager immediately.
7. The massager should not be submerged in water. Do not allow water/ liquids to enter the vent of the massager.
8. Do not modify or make changes to the device's equipment.
9. Do not charge or leave the device ON unattended.
10. As a safety measure, if the massager is pressed too strong it will automatically turn off, press the power button to turn it back on.

WARNING: The use of this device for massaging an injured part of the body should be avoided without consulting your doctor.

MAINTAINING THE PROFIT ELITE MULTI-ANGLE PERCUSSION MASSAGER

To keep this device in pristine condition, wipe it's surface with a slightly damp towel and dry it with a soft cloth. Keep the device away from liquids and heat.



SPECIFICATIONS

Speed: 1800-3200 RPM

Stroke Length: 6.5-8mm

Working Time: 6 hours

BATTERY

Type: Lithium Ion

Capacity: 11.1V,2000mAh/22.2wh

Input: 5v/2a

Charging Time: 3 hours



Disclaimer

Read the instructions carefully before using the massager. The use of this equipment is subject to following its instructions closely. tzumi is not liable for any damage or loss caused by inappropriate use of the device.

Do not use the massager without the approval of your doctor if you are: pregnant, diabetic, have a pacemaker, recovering from surgery, suffer from migraines, neuropathy disorders, disc protrusion or spinal inflammation. If you feel pain or discomfort while using the massager stop using it immediately and consult your doctor or physiotherapist.

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