



Customizable Office Chair

Product No. 168-0183-6

Assembly Instructions



NEED HELP? GIVE US A CALL!
WE'RE HERE FOR YOU.

TOLL-FREE:
1-877-483-6759

IMPORTANT: Please read this manual carefully
before beginning assembly of this product.
Keep this manual for future reference.



From your first apartment to
downsizing your family home,
For Living is a great place to start.

Uncomplicate your life with timeless
style and reliable quality that delivers
everyday solutions for your home.

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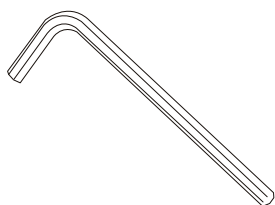
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Warning! Please use your furniture correctly and safely. Improper use can cause safety hazards, or damage to your furniture or household items. Carefully read the following safety information.

- Please read and understand this entire manual before attempting to assemble, operate, or install the product.
- Any assembly or maintenance of the product must be carried out by adults only.
- Some parts may contain sharp edges. Wear protective gloves if necessary.
- To prevent damage, place all parts on a level surface during assembly. Add a layer of protective surface if needed.
- Due to the nature of steel, surface oxidation (rusting) will occur if this protective coating is scratched. This is a natural process. To minimize this condition, it is recommended that care be taken when assembling and handling the product in order to prevent the paint from being scratched.

Needed for Assembly:

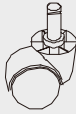
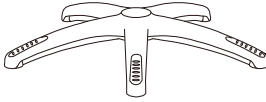


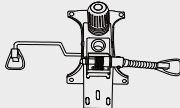








Hex key

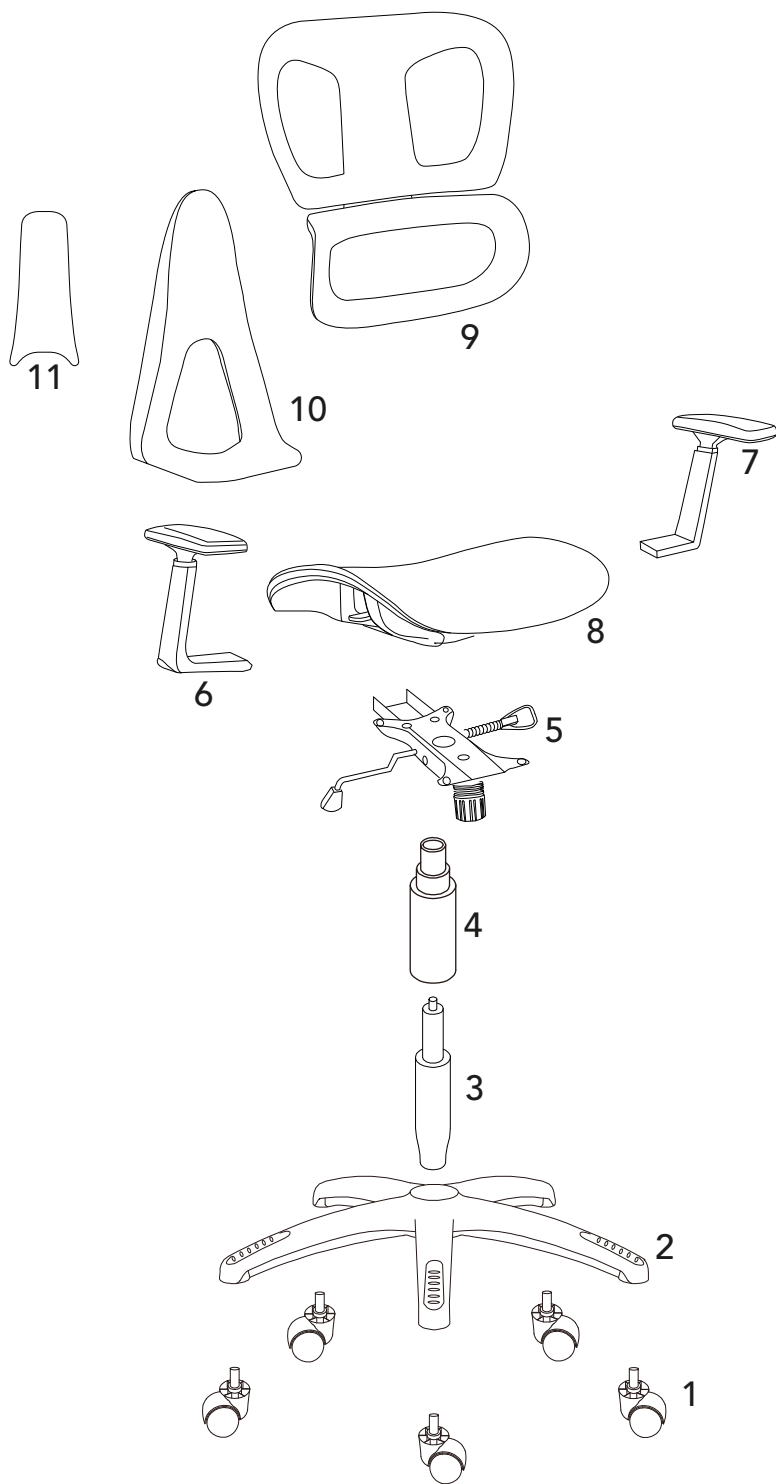


1 Person

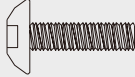


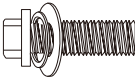


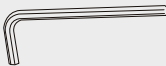
Parts List

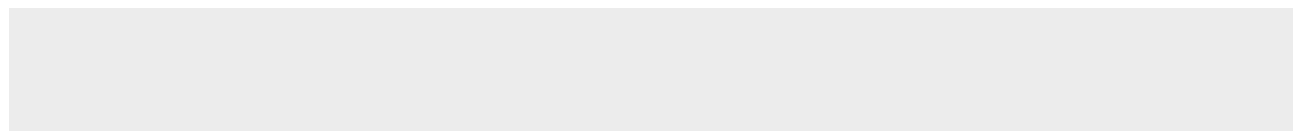
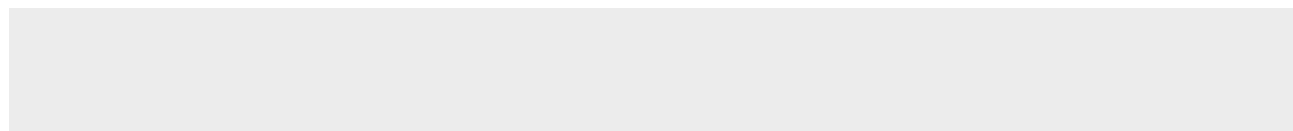
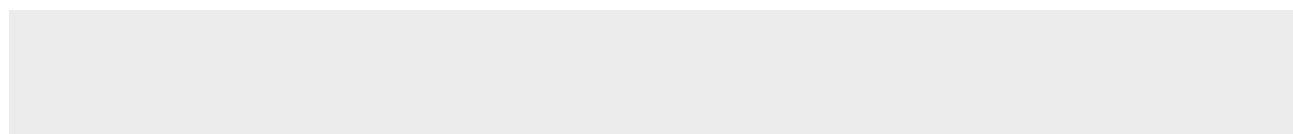
Item	Description	Thumbnail	Quantity
1	Castor		5
2	Base		1
3	Gaslift		1
4	Gaslift Cover		1
5	Mechanism		1
6	Right Armrest		1
7	Left Armrest		1
8	Seat		1
9	Back A		1
10	Back B		1
11	Back C		1

Exploded Parts



Hardware List

Item	Description	Thumbnail	Quantity
A	Bolt M6X20 mm		8
B	Bolt M6X25 mm		4
C	Bolt M6X35 mm		2
D	Bolt M8X20 mm		3
E	Washer Ø6X16 mm		6
F	Washer Ø6X18 mm		4
G	Hex key		1

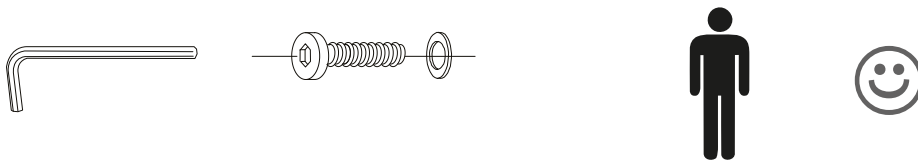


Before You Begin Assembly



Make Sure All Parts Are Present

Compare all pieces to the parts and hardware lists, and make sure you have all tools required for assembly.



Assemble in a Cleared Area

Place all parts from the box on the floor in front of you on a clean, dry, level surface to protect the product as it is being built.



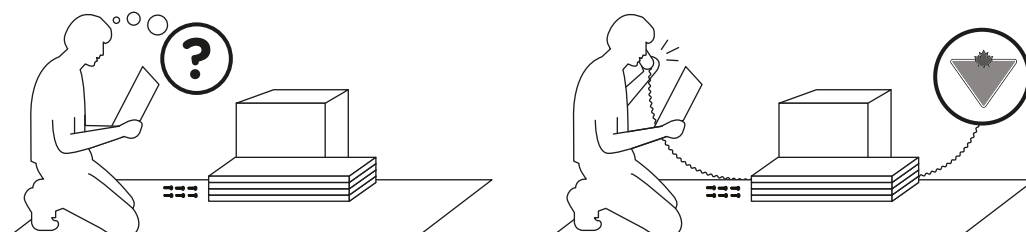
Remove Packaging Materials

Place packing materials back in the box. Do not dispose of packaging materials until assembly is complete.



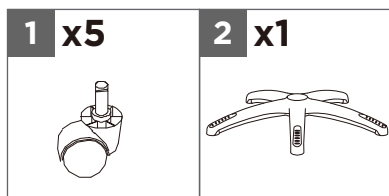
Read Each Step Carefully

Make sure you understand each step. For any questions, contact the For Living® customer service centre at 1-888-660-6684 (toll-free).



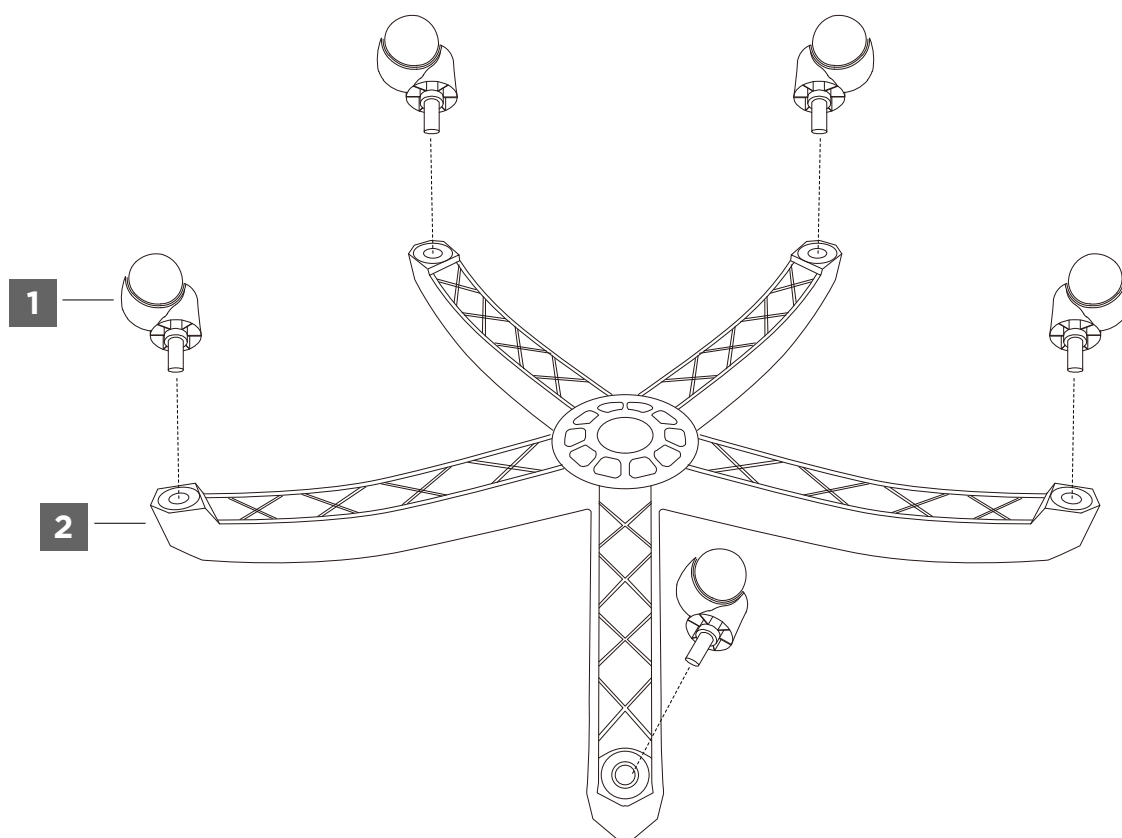
Step-by-step Guide

Step 1



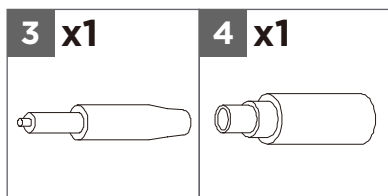
Place the base **(2)** upside-down on the ground. Insert the five castors **(1)** into the base.

NOTE: Please make sure all castors are firmly inserted.

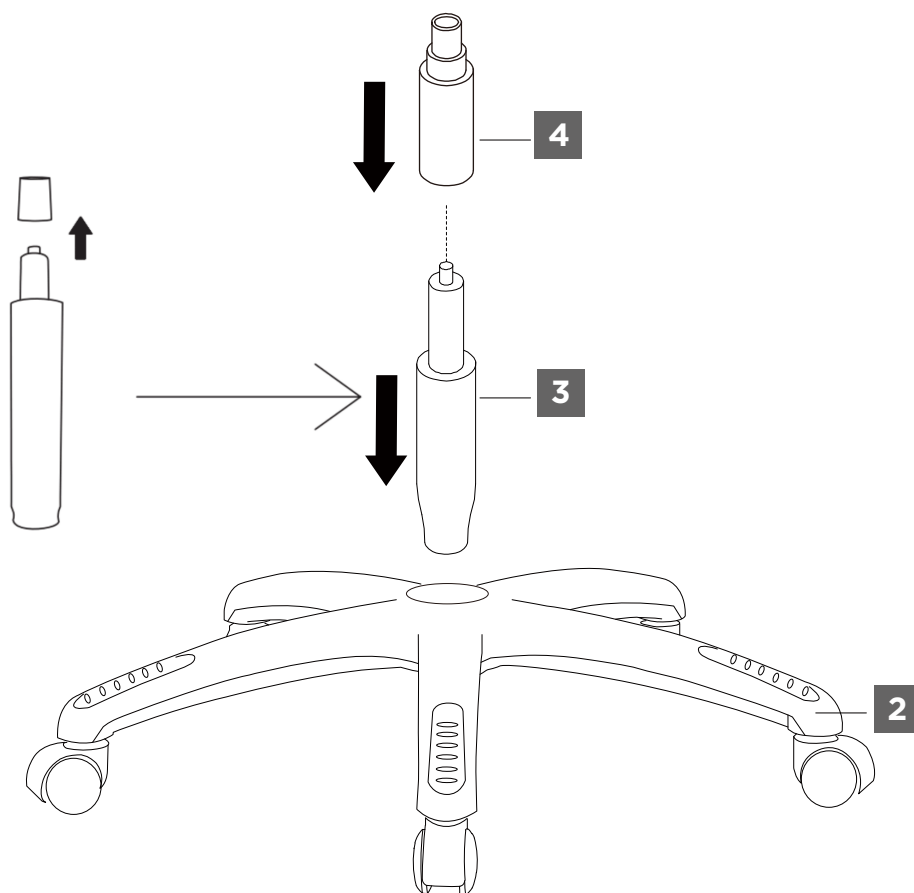


Step-by-step Guide

Step 2










Remove the cap on top of the gaslift **(3)** before assembly. Turn the base **(2)** right side up, insert gaslift **(3)** into the centre hole of base **(2)**, and place gaslift cover **(4)** over the gaslift **(3)**.



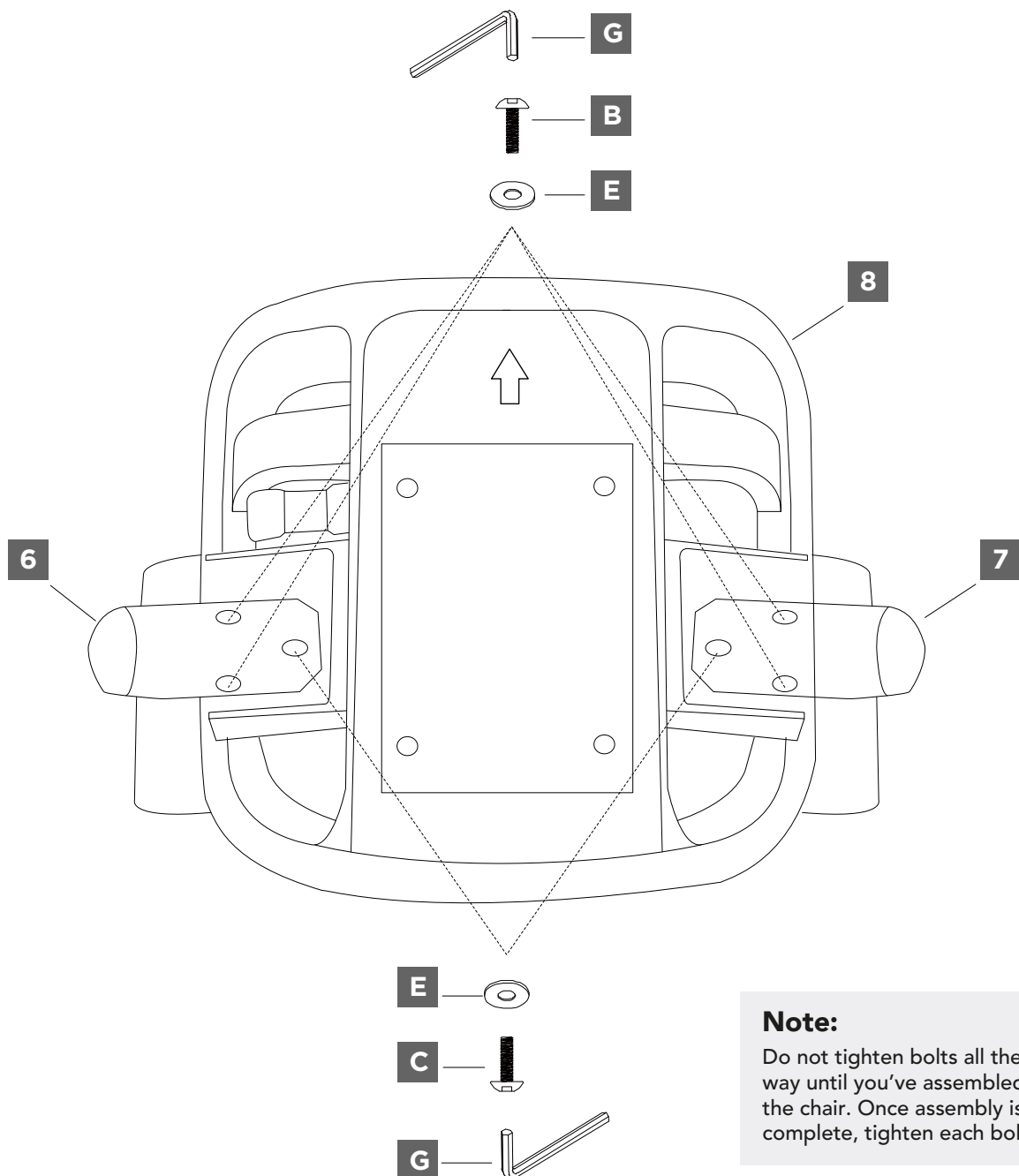
Step-by-step Guide

Step 3

6 x1	7 x1	8 x1	B x4	C x2	E x6	G x1
						

Attach the armrests **(6)** & **(7)** to each side of the seat **(8)** with bolts **(B)** and **(C)** and washers **(E)**.

Tighten 80% with hex key **(G)**. DO NOT fully tighten.

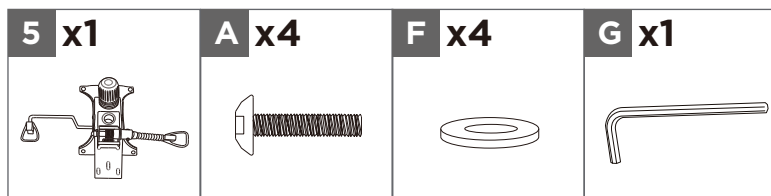


Note:

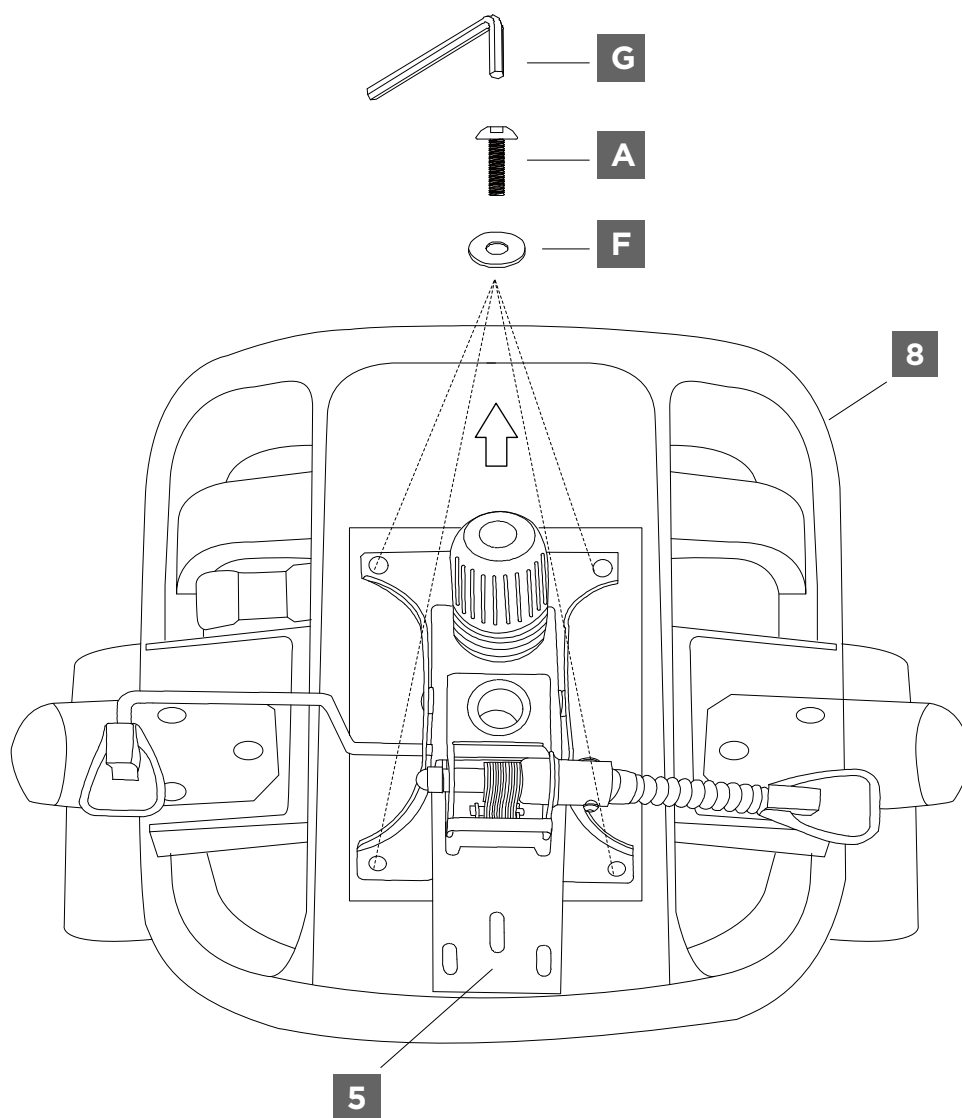
Do not tighten bolts all the way until you've assembled the chair. Once assembly is complete, tighten each bolt.

Step-by-step Guide

Step 4



Attach the mechanism **(5)** to the base of the seat **(8)** using bolts **(A)** and washers **(F)**, and securing with hex key **(G)**.

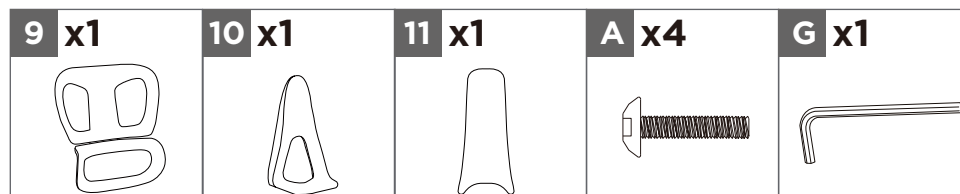


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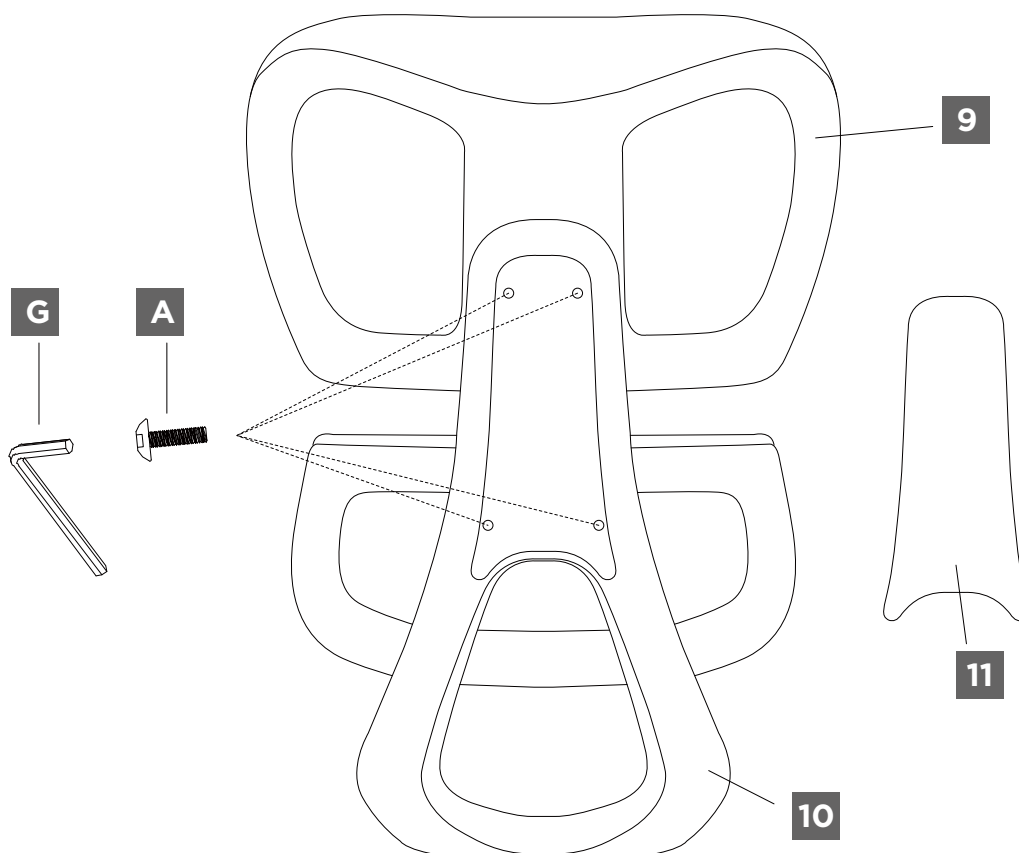
Do not tighten bolts all the way until you've assembled the chair. Once assembly is complete, tighten each bolt.

Step-by-step Guide

Step 5



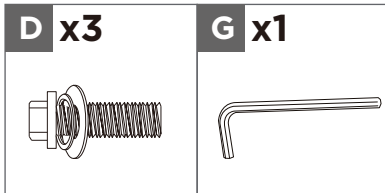
Attach back B (**10**) to back A (**9**) with bolts (**A**) using hex key (**G**). Then click back C (**11**) into the cavity in back B (**10**).



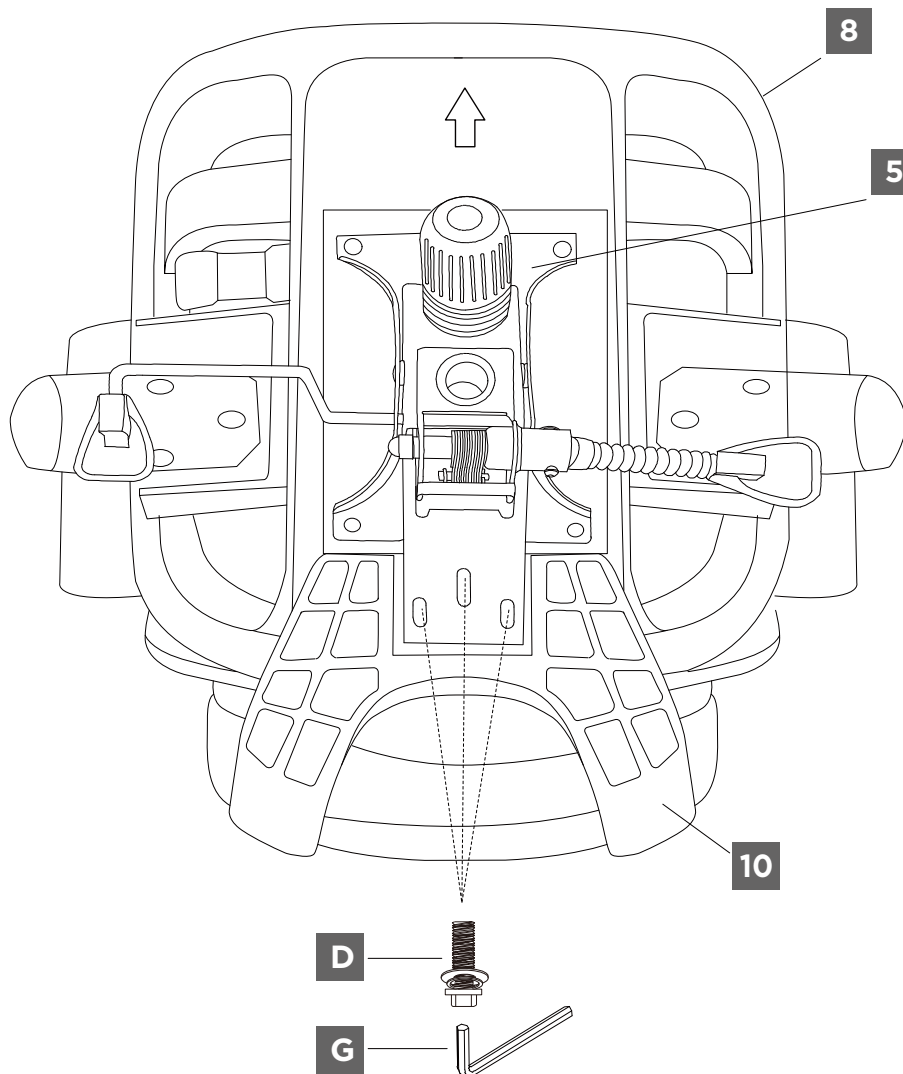
Step-by-step Guide



Step 6



Insert back B (10) into the mechanism (5) and secure with bolts (D). Tighten 80% with hex key (G). DO NOT fully tighten.



Note:

Do not tighten bolts all the way until you've assembled the chair. Once assembly is complete, tighten each bolt.

Step-by-step Guide

Step 7

Align and carefully lower the mechanism **(5)** onto the gaslift **(3)**.



Step-by-step Guide



Step 8

Tighten all bolts using hex key **(G)**. The assembly is complete.



Note:

Ensure all bolts are securely tightened using the hex key **(G)** before using this chair.

Instructions for Use

The lumbar mechanism can move up and down with the right knob, and can be locked in place. The left knob controls the waist support, which can be moved backwards when unlocked. In the locked state, the waist is fixed and cannot be moved backwards. As shown in the graphics, counter-clockwise locks it and clockwise unlocks it.

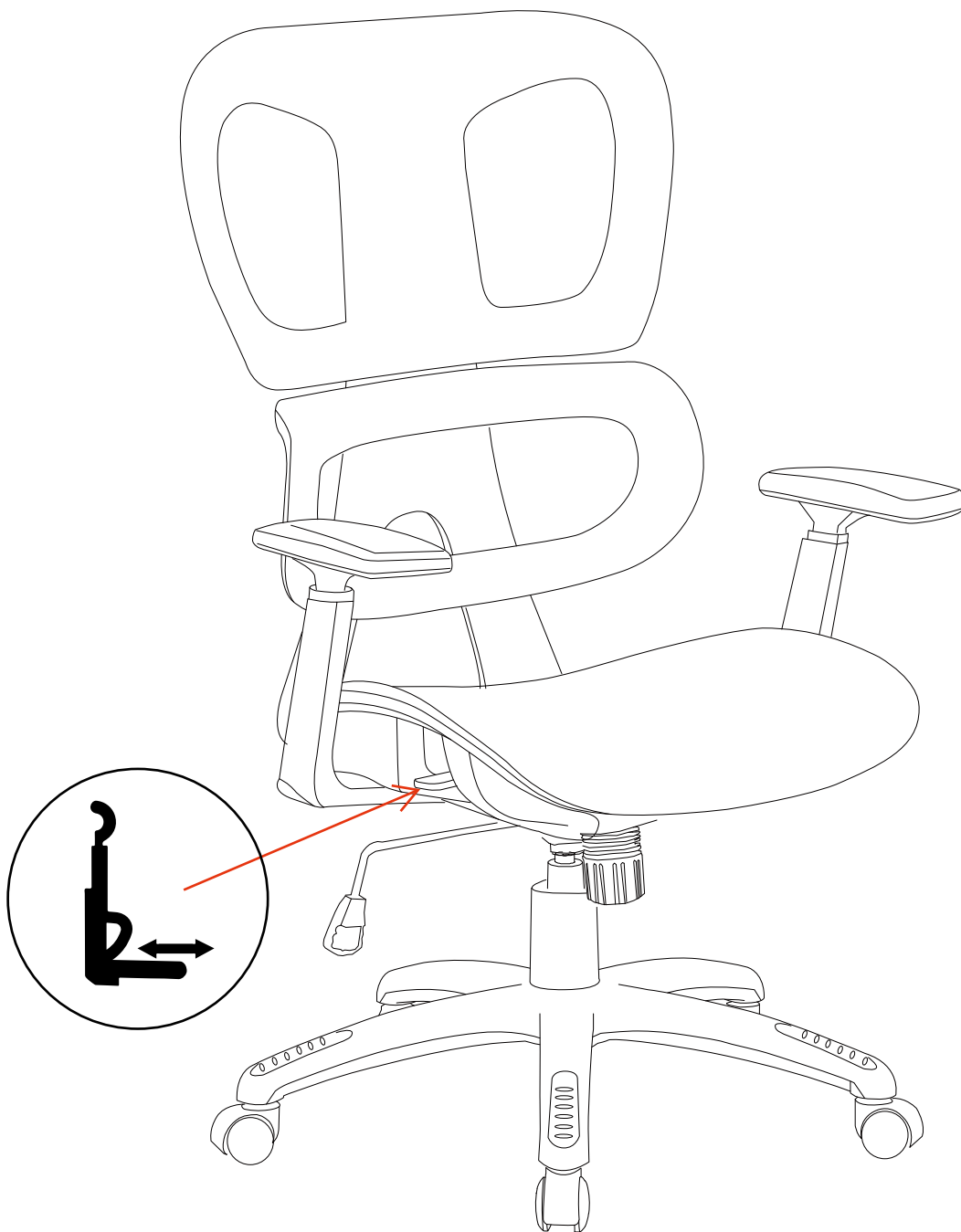


Use the recline lever and gas-lift lever to adjust the seat back recline angle and seat height respectively.

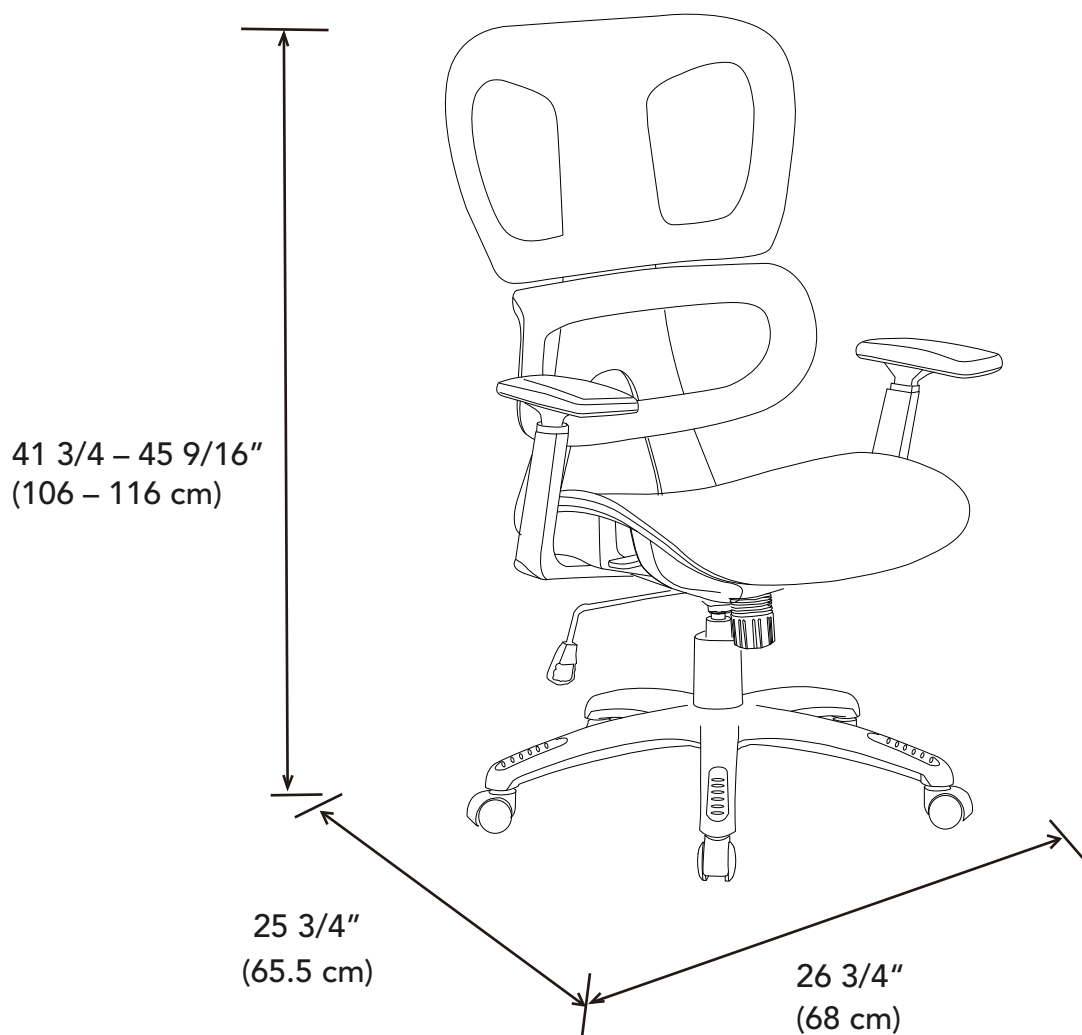
Instructions for Use



Use the seat front-back lever to adjust the seat position to your desired position.



Technical Data



Specifications

Assembled Dimensions (W x D x H)	25 3/4 x 26 3/4 x 41 3/4 – 45 9/16"
	65.5 x 68 x 106 – 116 cm
Assembled Weight	37 lb 8 oz
	17 kg
Maximum Weight Capacity	300 lb
	136 kg

Assembly Troubleshooting



Need help?
Give us a call! We're here for you.

Toll-free: 1-877-483-6759



Before returning your
product to store



Call us first!

If you have questions regarding your product
or require warranty assistance, please call our
customer service helpline.

Caring for Your Item

- 1 Always keep children under close supervision while they are using or around this product. Never leave children unattended.
- 2 This product is intended for domestic indoor use only.
- 3 Do not light any fires below or near the product.
- 4 Check all nuts and bolts periodically for tightness. When required, tighten them again.
- 5 Do not shake, lean or climb on it.

(Furniture) Cleaning: Spot clean chair seat and back with mild detergent.
Wipe base clean with damp cloth.

Warranty



1-Year Limited Warranty*

This For Living® product carries a one (1) year warranty against defects in workmanship and materials. Trileaf Distribution agrees to replace the defective product free of charge within the stated warranty period, when returned by the original purchaser with proof of purchase. This product is not guaranteed against wear or breakage due to misuse and/or abuse.

Model No. 168-0183-6

Made in China

Imported by Trileaf Distribution Trifeuil Toronto, Canada M4S 2B8