



# Adjustable Arm Office Chair

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Product No. 168-0103-8

## Assembly Instructions



**NEED HELP? GIVE US A CALL!**  
**WE'RE HERE FOR YOU.**

TOLL-FREE:  
**1-877-483-6759**

IMPORTANT: Please read this manual carefully  
before beginning assembly of this product.  
Keep this manual for future reference.



From your first apartment to  
downsizing your family home,  
For LIVING® is a great place to start.

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style and reliable quality that delivers  
everyday solutions for your home.

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**Warning!** Please use your furniture correctly and safely. Improper use can cause safety hazards or damage to your furniture or household items. Carefully read the following safety information.

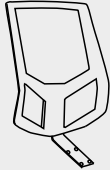


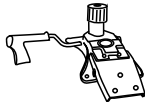

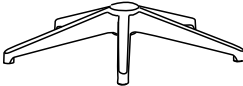

- Please read and understand this entire manual before attempting to assemble, operate, or install the product.
- Any assembly or maintenance of the product must be carried out by adults only.
- Some parts may contain sharp edges. Wear protective gloves if necessary.
- To prevent damage, place all parts on a level surface during assembly. Add a layer of protective surface if needed.
- Due to the nature of steel, surface oxidation (rusting) will occur if this protective coating is scratched. This is a natural process. To minimize this condition, it is recommended that care be taken when assembling and handling the product in order to prevent the paint from being scratched.

## Needed for Assembly:

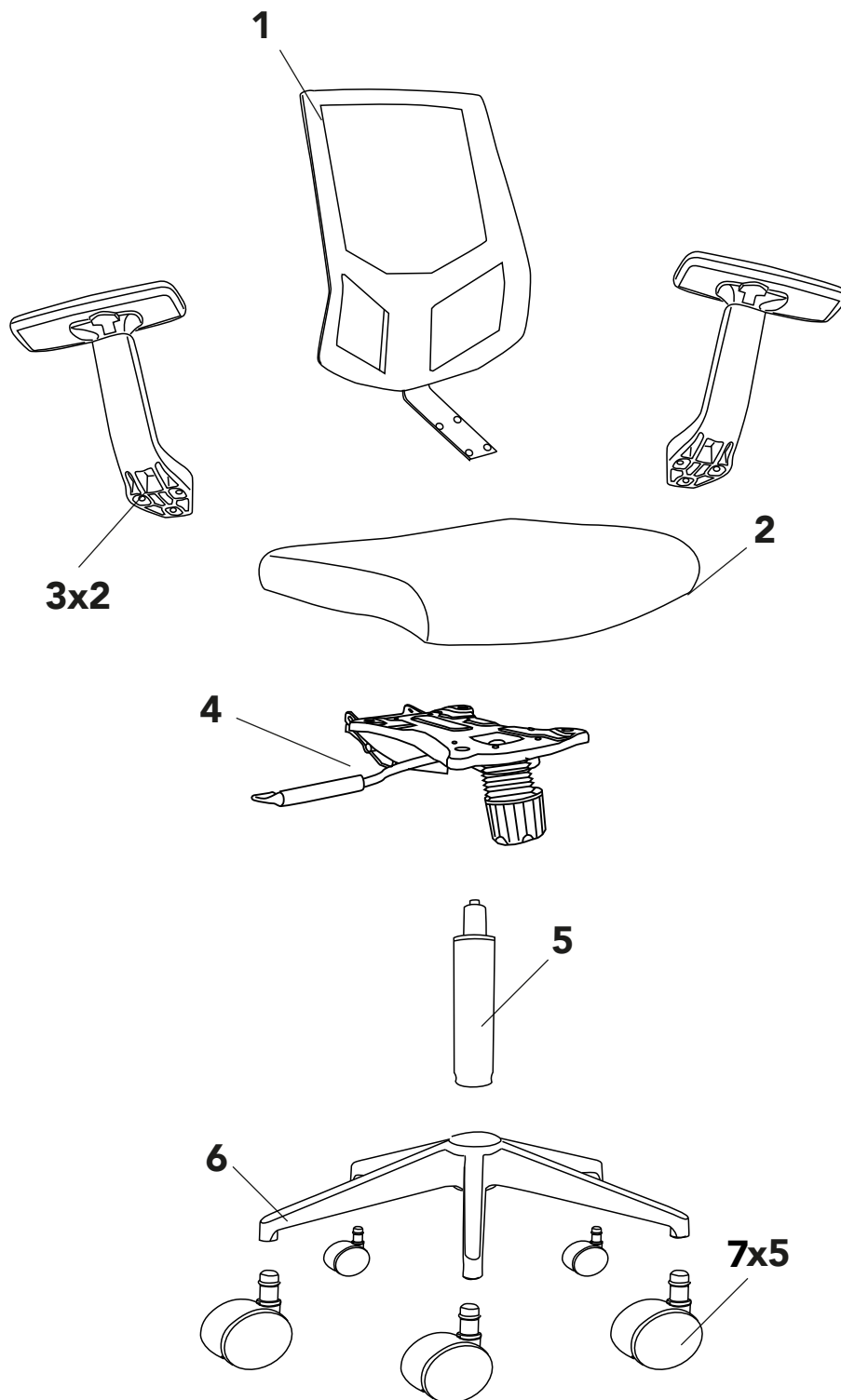


1 Person






# Parts List

Item	Description	Thumbnail	Quantity
1	Backrest		1
2	Seat		1
3	Arm		2
4	Seat Plate		1
5	Cylinder		1
6	Base		1
7	Castor		5

# Exploded Parts



# Hardware List

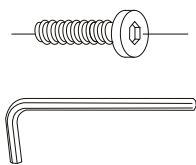
Item	Description	Thumbnail	Quantity
A	M6x20 Combination Bolt		4
B	M8x20 Combination Bolt		3
C	M6x35 Combination Bolt		2
D	M6x45 Combination Bolt		4
E	Hex Key		1

# Before You Begin Assembly



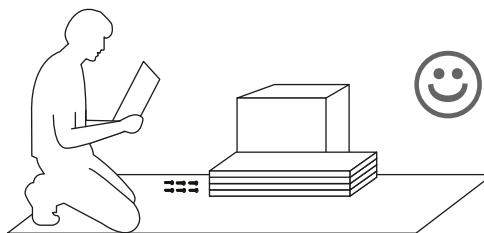
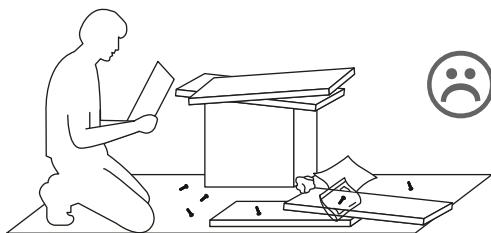
## Make Sure All Parts Are Present

Compare all pieces to the parts and hardware lists, and make sure you have all tools required for assembly.



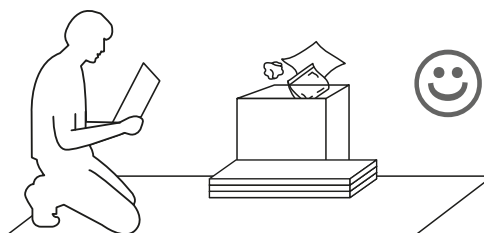
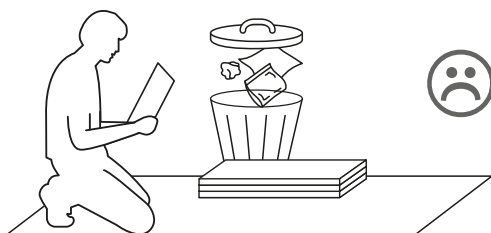
## Assemble in a Cleared Area

Place all parts from the box on the floor in front of you in a clean, dry, level surface to protect the product as it is being built.



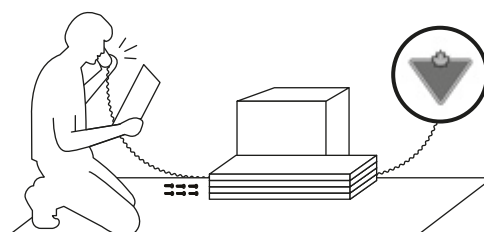
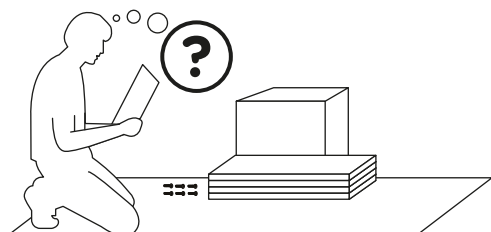
## Remove Packaging Materials

Place packing materials back in the box. Do not dispose of packaging materials until assembly is complete.



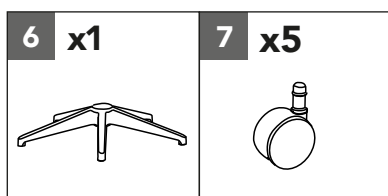
## Read Each Step Carefully

Make sure you understand each step. If you have any questions, Call the for LIVING® customer service centre at 1-888-660-6684 (toll free).

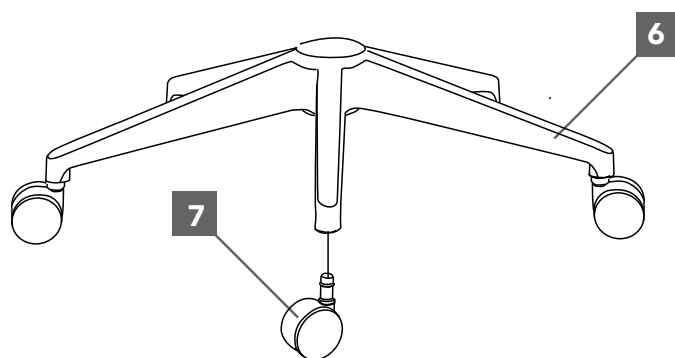


# Step-by-step Guide

## Step 1

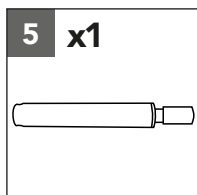


Insert five castors (7) into base (6). Push hard until you feel or hear the castors (7) snap into place.

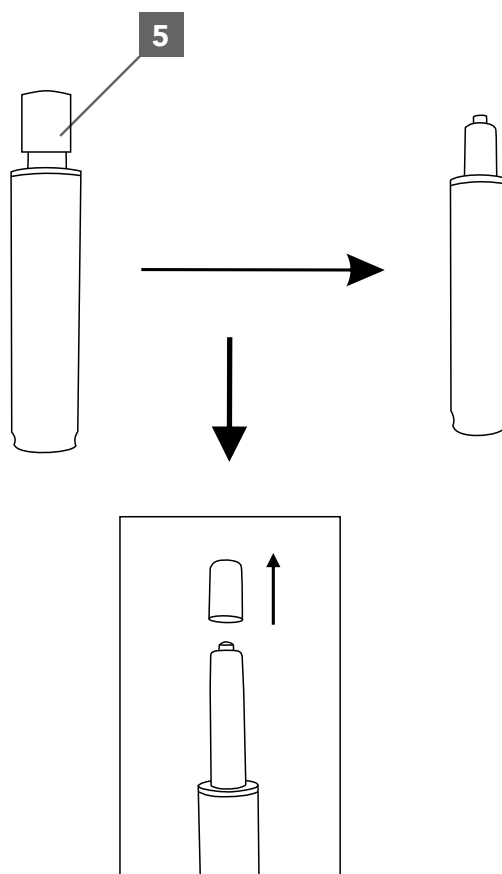


# Step-by-step Guide

## Step 2



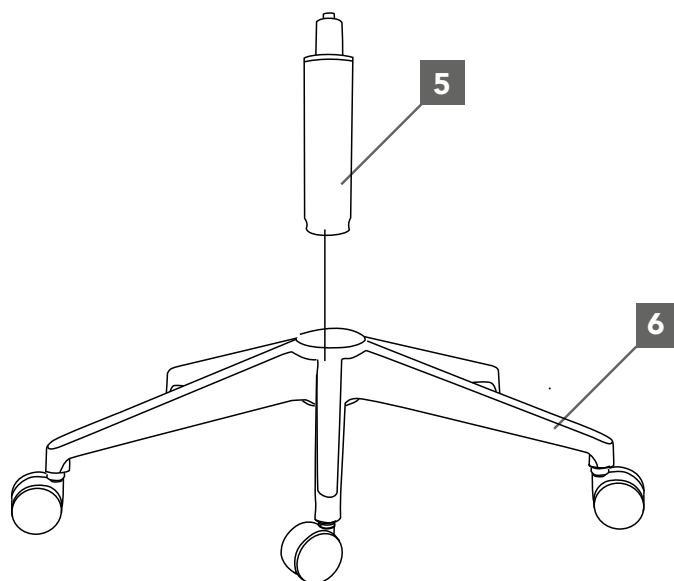
Remove cap from cylinder (5).



# Step-by-step Guide

## Step 3




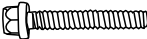

Attach cylinder (5) into base (6) as shown.



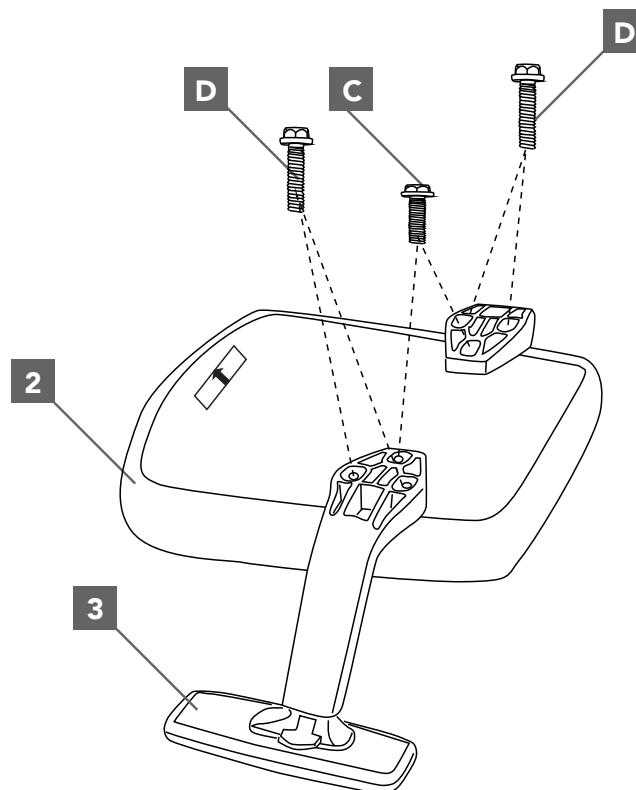


# Step-by-step Guide

## Step 4

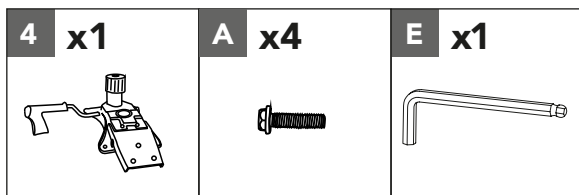
<b>2</b> x1	<b>3</b> x2	<b>C</b> x2	<b>D</b> x4	<b>E</b> x1
				

Attach arms (3) to seat (2). Secure with two bolts (C) and four bolts (D) using the hex key (E).

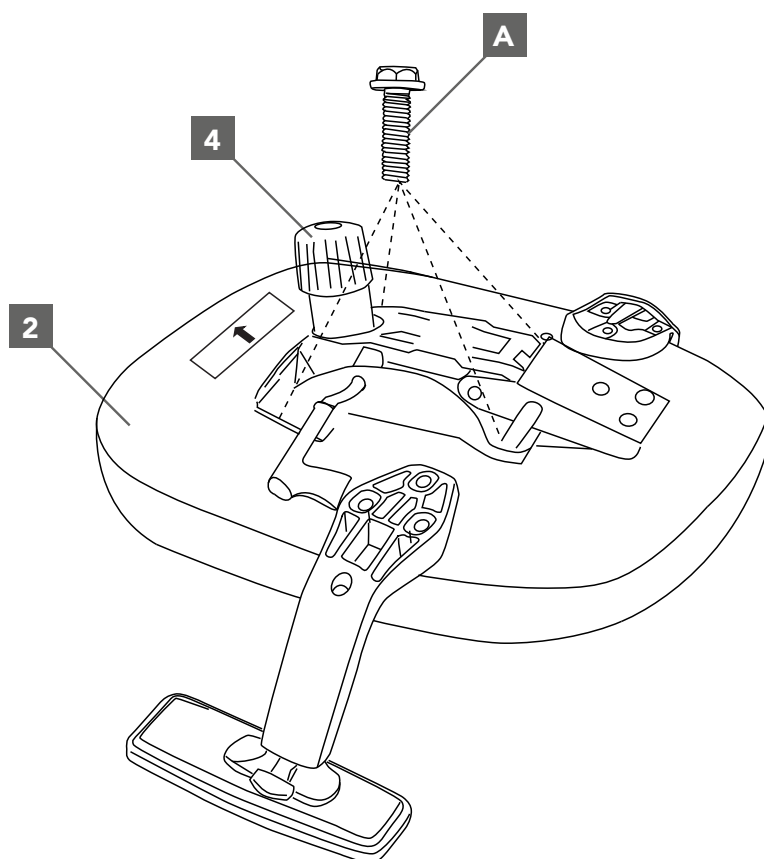


# Step-by-step Guide

## Step 5

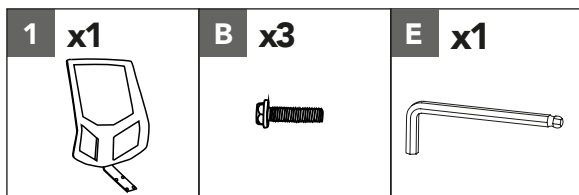


Attach seat plate (4) to seat (2) with tension knob facing the front of the seat. Secure using four bolts (A) and hex key (E).

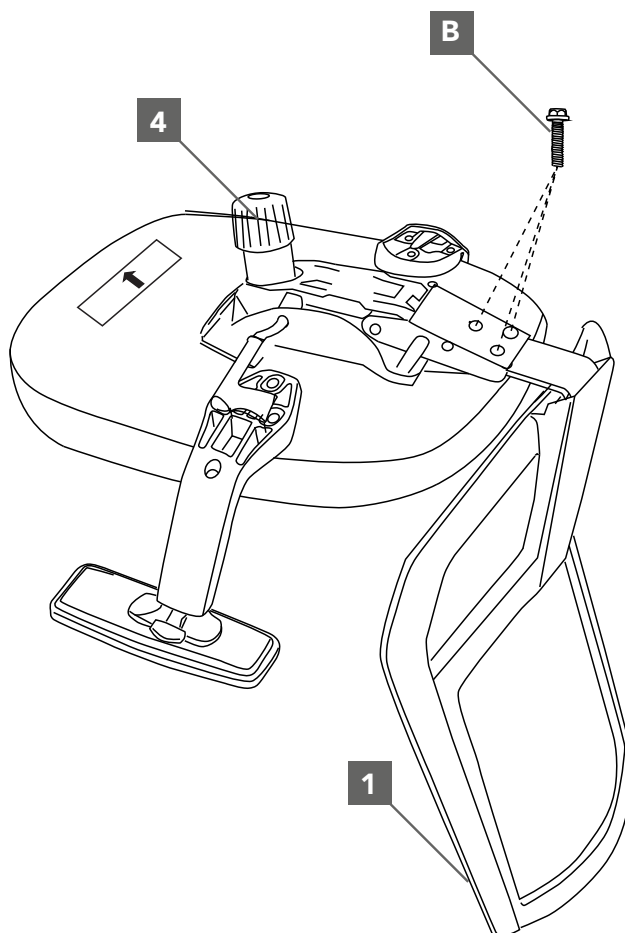


# Step-by-step Guide

## Step 6

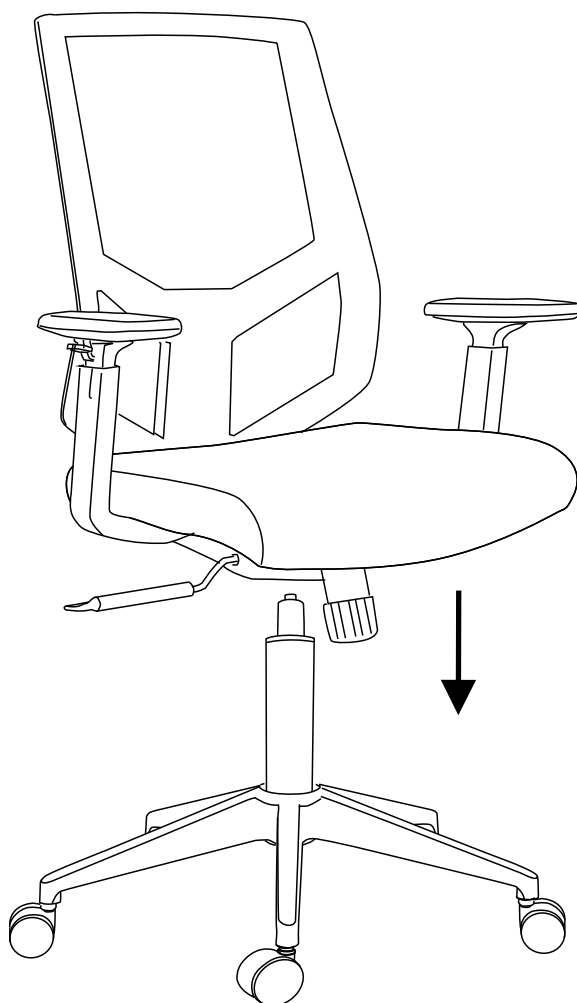


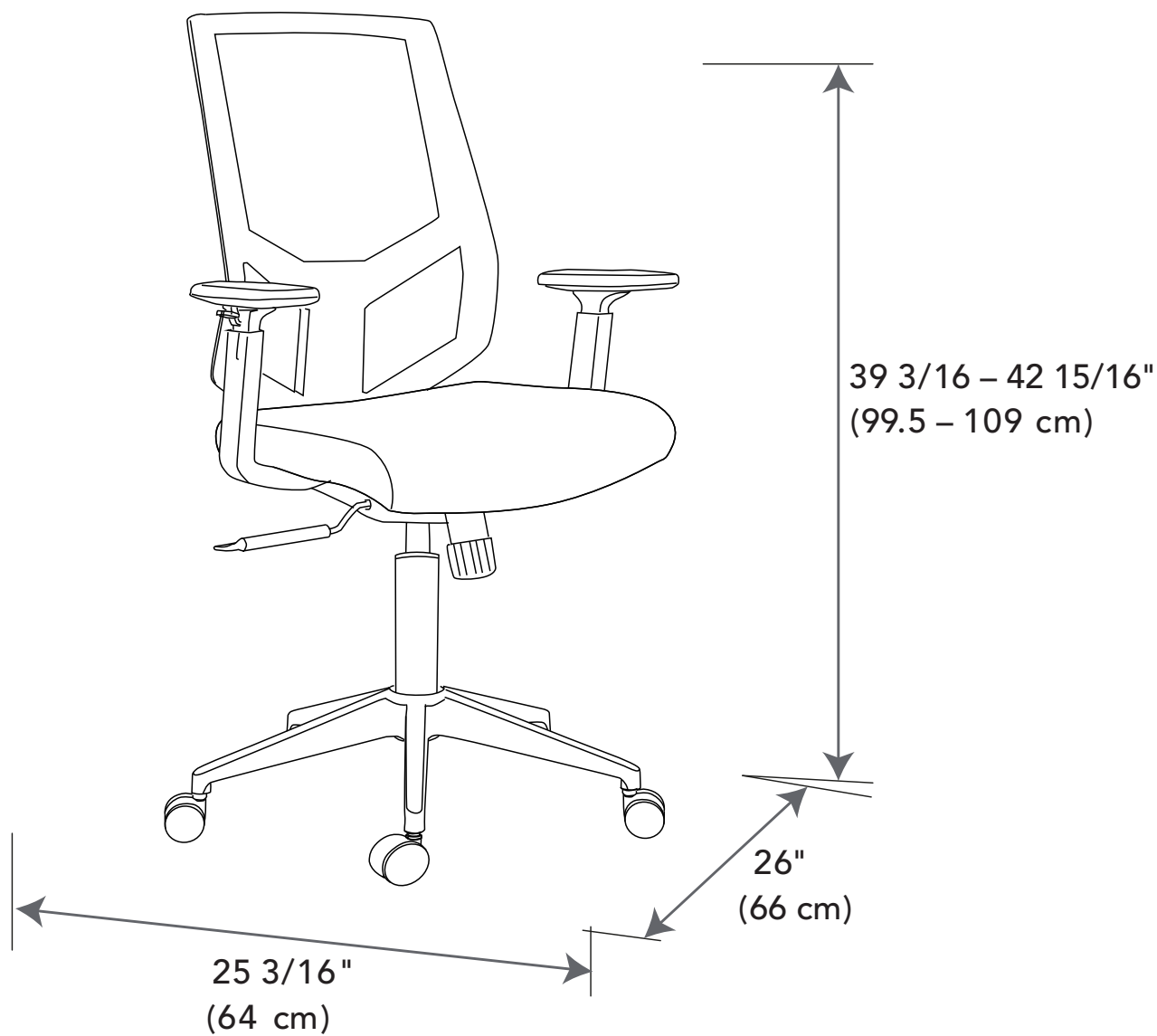
Attach backrest (1) to seat plate (4) using three bolts (B) and hex key (E).



# Step-by-step Guide

## Step 7





## Specifications

Assembled Dimensions (W x D x H)	$25 \frac{3}{16} \times 26 \times 39 \frac{3}{16} - 42 \frac{15}{16}$ "
	64 x 66 x 99.5 – 109 cm
Assembled Weight	29 lb 2 oz
	13.2 kg
Maximum Weight Capacity	242 lb
	110 kg

# Troubleshooting

Need help?

Give us a call! We're here for you.

Toll-free: 1-877-483-6759



Before returning your product to store



Call us first!

If you have questions regarding your product or require warranty assistance, please call our customer service helpline.

## Caring for Your Item

1

Always keep children under close supervision while they are using or around this product. Never leave children unattended.

2

Check all nuts and bolts periodically for tightness. When required, tighten them again.

3

Do not shake, lean or climb on the product.



## **1-Year Limited Warranty\***

This For LIVING® product carries a one (1) year warranty against defects in workmanship and materials. Trileaf Distribution agrees to replace the defective product free of charge within the stated warranty period, when returned by the original purchaser with proof of purchase. This product is not guaranteed against wear or breakage due to misuse and/or abuse.

### **Model No. 168-0103-8**

Made in China

Imported by Trileaf Distribution Trifeuil Toronto, Canada M4S 2B8