



Moving guide and checklist

Moving can be stressful. With all the work involved with packing up, it's easy to forget details and important changes you need to make when relocating homes. We're here to help with useful tips to make your move as easy, efficient and stress-free as possible.



Pre-move prep

- Clean up. A purge and thorough cleaning of your home will help declutter your thoughts and make moving easier.
- Schedule your mail to be forwarded to your new address with Canada Post.
- Make a documentation list. Start the process of informing agencies of your change of address. (Ex. banks, insurance providers, credit card agencies, license and health card, doctors, schools, etc.)
- Cancel subscriptions and memberships. (Ex. magazines, newspapers, food deliveries, gym, etc.)
- Set a date to disconnect service utilities and arrange connection to your new residence. (Ex. Two weeks before moving.)
- Research and schedule movers. Assess the help you need and ensure you read movers' contracts carefully. Consider purchasing moving insurance.

Inventory & budget list

- Take inventory of your belongings, noting items that are fragile.
- Make a list of tools and supplies you'll need for your move to help you organize the process.
- Create a budget to calculate and estimate moving costs like tools, supplies, gas, rentals and movers.

Packing

- Begin packing about one month before your move.
- Use moving boxes. They're designed for packing and surviving the impact of moving.
- Use packing paper and bubble wrap to keep items safe and separated.
- Pack room by room. Focus on one area of a room at a time and avoid mixing items from different rooms in one box.
- Label each box clearly. Title it by room and list the contents.
- Don't pack heirlooms or important papers in boxes, it's best to transport them personally.

Moving week

- Confirm movers and/or moving truck rentals.
- Pack a suitcase for you and your family members so you have clothing and essentials while you're settling in.
- Create an inventory of all your valuables before they go in the moving truck.
- Mark moving boxes that are fragile and set them aside in their own pile.
- Do a final walkthrough of your home to make sure you haven't missed any items.

Moving supplies shopping list

Packing boxes

Qty Item

___ Small boxes

___ Medium boxes

___ Large boxes

___ Glass moving kit

Tools & supplies

___ Bubble wrap

___ Stretch wrap

___ Packing paper

___ Tape guns & tape

___ Utility knife

___ Moving blanket

___ Pens, pencils & markers

___ Dolly cart

___ Rope

___ Mattress bags

Cleaning products

Qty Item

___ Disposable gloves

___ Multi-purpose cleaner

___ Outdoor cleaners

___ Sponges

___ Paper towel

___ Broom

___ Dust pan

___ Vacuum

___ Trash bags & bins

Organizing & setup

___ Storage bins

___ Hangers

___ Closet organizers

___ Light bulbs

___ Tool box

___ Picture hanging kits